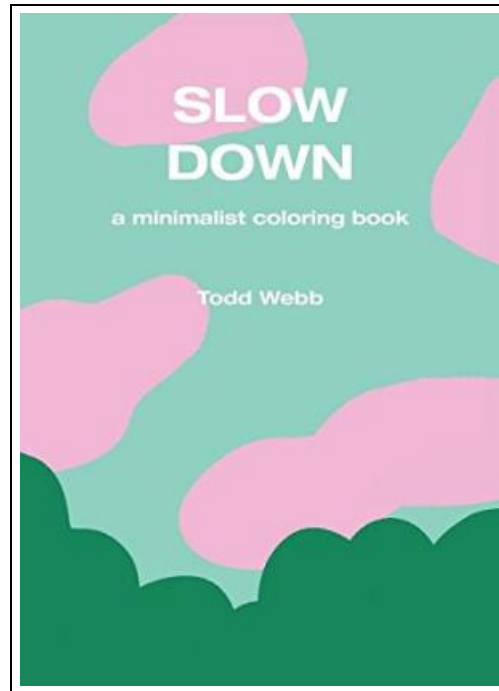


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Second House, United States, 2016. Paperback. Condition: New. Language: English. Brand new Book. Color everything and color nothing on your path to mindfulness with this playful coloring book! Packed with just enough to keep you entertained in the present moment, SLOW DOWN is sure to become your go-to meditation guide as you color your way to a calmer, less stressful life. With simple illustrations and inspirational text it makes a great gift! "Art's purpose is to sober and quiet the mind so that it is in accord with what happens." - John Cage "I make myself rich by making my wants few." - Henry David Thoreau "I like turtles." - Zombie Kid Todd Webb (born 1981) is an artist living and working in Virginia Beach. He is the author of numerous books including Chance Operations, Tuesday Moon, The Woodlands, and The Goldfish & Bob, and he draws the popular children's comic book series Mr. Toast. He was a regular contributor to Nickelodeon Magazine in its heyday and currently illustrates The Adventures of Danny & Mike with television's "Pete & Pete" stars Danny Tamberelli and Mike Maronna. His work has been exhibited nationally at Gallery1988 (Los Angeles), SpokeArt (New York), Bear & Bird Gallery (Florida), Telegraph Gallery (Charlottesville, VA), and was featured in the seminal drawing show "The Nothing That Is" at CAM Raleigh (Contemporary Art Museum, Raleigh, North Carolina) curated by Bill Thelen and Jason Polan. When he isn't drawing he is releasing music under the names Seamonster and Oahu.



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