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## Adaptive Action Coaching: Building Patterns of Success (Paperback)

By Lecia Grossman, Royce Holladay

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English. Brand new Book. This book uses human systems dynamics (HSD) to describe a breakthrough coaching model using cutting-edge models and methods for turning chaos and complexity into action and momentum. HSD coaching provides new ways for coaches and clients to make sense of the issues they face and create change. The coaching is rooted in Pattern Logic, Adaptive Action, and Inquiry, to explore the tensions that drive clients' lives and then to convert those tensions to energy for change. Based in the theory and practice of HSD, the program focuses on building a personal praxis around personal resilience. Coaches build their own resiliency as they help clients build theirs. HSD is a field of study that is grounded in the complexity sciences and chaos theory. Glenda Eoyang, founder of the field, and Associates of Human Systems Dynamics Institute have created easy-to-use models and methods to see, understand, and influence patterns of interaction and decision making. These models and methods depicted in this book inform coaches' questions as they support clients to see their own patterns in ways that inform wise action and change. Lecia Grossman, MA, CPCC. HSDP...



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