



My Bucketfilling Journal: 30 Days To A Happier Life (Paperback)

By Carol McCloud

Bucket Fillosophy, United States, 2018. Paperback. Condition: New. 2nd Second Edition, Second ed. Language: English. Brand new Book. "I bought this as a gift for one of my clients after we had read the Bucket books. She is 11 years old and excited about the concept. I highly recommend it as a therapist." --Reader Comment Updated edition! This helpful companion to the book, Growing Up with a Bucket Full of Happiness: Three Rules for a Happier Life, is a journal designed to put bucketfilling knowledge into action and create a happier life for its young reader. In addition to the Bucket Fillers Pledge and the three rules and three laws of bucket filling, the journal features a thirty-day plan for filling buckets for thirty days, which includes eight self-reflection questions and 30 pages on which to record daily thoughts and bucketfilling experiences. This journal is for everyone who is working to be a better bucket filler! Winner of 2 awards. For more information on bucket filling or free downloadables and resources, please visit . Publications by Bucket Fillers: - Have You Filled a Bucket Today? - Fill a Bucket - Growing Up with a Bucket Full of Happiness - My Bucketfilling Journal - Will You...



READ ONLINE
[3.95 MB]

Reviews

Merely no words to explain. I really could comprehend everything out of this published e book. I found out this publication from my dad and i suggested this publication to learn.

-- Prof. Margarita Ledner PhD

This written pdf is fantastic. It normally is not going to expense a lot of. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Gilbert Stroman